

Important Notifications regarding Speciality OPDs in the Health Centre

A modified version of the Health Centre website is now available. Future notifications will be duly posted on this website. Users are requested to kindly refer to the website. Presently, users may please note the following -

Registration Procedure of the Speciality OPDs

After six months of running of Specialty OPDs, it has been observed that while the Institute Community is appreciative of these OPDs, some complaints about the registration procedure still remain. The present practice, of on-line as well as off line self-registration, half an hour before the start of the OPD, has posed few problems. Some Specialists have pointed out that patients reach these OPDs without necessary preliminary diagnostic investigations. In addition, patients with minor ailments also register for these OPDs, without consulting the in-house doctors, depriving genuine patients from consulting the Specialty Consultants. It will be now required that the patients approach the Specialist OPDs only after obtaining a referral from the in house doctor *Apr. 04, 2016 onwards*. The referred patient can then register at the HC Reception, to get an appointment for the Specialty OPD.

The Specialty OPDs presently conducted in the Health Centre are

Paediatric Clinic:	Dr. Vivek Saxena	9.00 am to 10.30 am every Thursday
Cardiology Clinic:	Dr. S. S. Singhal	4.30 pm to 5.30 pm every Thursday
Psychiatric Clinic:	Dr Alok Bajpai	10.00 am to 4.00 pm every Saturday
Orthopaedic Clinic:	Dr Sanjai Rastogi	11.00 am to 12.30 pm every Saturday
Medicine Clinic:	Dr Rakesh Chandra	12.00 pm to 3.00 pm every Saturday
ENT Clinic	Dr Rajan Bhargava	4.00 pm to 5.00 pm every Saturday
Skin Clinic	Dr. Mamta Bhura	2.00 pm to 3.30 pm every Saturday

Skin Specialty OPD

An additional Skin Specialist, Dr. Pravina Patel will conduct one more Skin OPD in the Health Centre, in addition to Dr. Bhura's ongoing OPD. This Skin OPD will be conducted on every Thursday from 1.00 pm to 3.00 pm, starting from Apr. 07, 2016, with no upper limit to the number of patients (The Consultant can fix the upper limit, in case needed, half an hour before the OPD ends for proper management of the OPD). The number of consultations in Dr. Bhura's OPD will be limited to 15, Apr. 09, 2016 onwards.

Addition of Dr D. K. Jaipuria, Orthodontist to the list of Specialist OPDs

Dr. D. K. Jaipuria, empanelled in the Referral List of the Institute, will be providing Orthodontic facility in the Dental Clinic of the Health Centre every Friday, 11.30 am to 1.30 pm, April 21 onwards, with no upper limit to the number of patients (The Consultant can fix the upper limit, half an hour before the OPD ends for proper management of the OPD). The pain relief part of the RCT will be reimbursable whereas Crowns and Bridges components of orthodontic treatment being cosmetic in nature is offered on payment basis, though at subsidized rates (which also gives the patient the flexibility of choosing between the many available types of Crowns, like metal, ceramic, metal free ceramic etc).

Women's Health Care Programme

Keeping in view the need for a comprehensive programme which addresses women's healthcare issues in a "woman-centric" manner, the Health Centre has initiated a comprehensive Women's Healthcare Programme to address the healthcare related issues faced by women in different age groups. The Women's Healthcare Programme will be conducted by Dr. Shubha Agarwal, MS, OBGY, empanelled in the referral list.

The proposed comprehensive **Women's Healthcare** programme consists of the following:

(i) **Specialty Clinics:** once a week, every Saturday from 3.00 pm to 6.00 pm, April 23 onwards, with counselling sessions for individual patients. The upper limit to the number of patients, on a particular day, will be at the discretion of the Specialist

(ii) **Awareness Programmes:** at least once a month, targeting different women's age groups.

The first Programme, in this series, will be held in the Girl's Hostel (GH-1), on April 10, at 11 am.

Dr. Mamta Vyas
(I/C, Health Centre)

April 03, 2016